

# CARDINHAM SCHOOL

Grow your mind; aim high.



**CARDINHAM, BODMIN,  
CORNWALL,  
PL30 4BN**

Newsletter: 19

Tuesday 15th July 2024

Part of Truro & Penwith Academy Trust

CARDINHAM SCHOOL



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**Headteacher's  
Update**

Dear Cardinham Families,

I can't believe we're already in our final full week of the year. What an incredible journey it has been! Talking to the children about their favourite memories, it's clear that this year has been jam-packed with exciting events and opportunities, from our trips to the range of creative projects undertaken in the classroom.

Our pupils continue to work hard and have shown exemplary behaviour and spirit, particularly during our recent Key Stage 2 camps. They embraced every challenge and adventure with enthusiasm!

Reports were sent out on Friday, and it was an absolute pleasure to read them all. The progress and achievements of every single pupil have been truly inspiring. Their hard work, resilience, and dedication are a testament to their character and the supportive environment fostered by our dedicated staff and the encouragement they receive at home. We are immensely proud of their accomplishments and look forward to celebrating their continued success.

We are thrilled to announce that our Woodside playground extension will be completed and ready for use (fingers crossed) in September. This is a very exciting development that will provide even more space and fun for our pupils, encouraging them to stay active and enjoy their playtime even more.

I also just want to take a quick moment to remind everyone about the Summer Reading Challenge. Its back and looking better than ever! You can find out more by clicking on the following link: [Summer Reading Challenge](#).

As we prepare to welcome pupils back on Tuesday, 3rd September, please take a moment to remind yourself of the new school timings, which are detailed at the end of this newsletter for your reference. These changes have been made to meet the new expectations from the Department for Education.

Thank you for your unwavering support and partnership throughout this year. Together, we have created a nurturing environment for our children to thrive. If I don't see you before, wishing you all a restful and enjoyable summer break when it arrives.

Best wishes,

Dave Jones  
Headteacher

## Community Update

We want to extend a heartfelt thank you to everyone who participated in the recent community events. Volunteers raised an impressive £77 at the Parish Hall and an incredible £400 at the pub quiz last Friday! Additionally, we secured a commendable 3rd place in the scarecrow contest - well done Art Club!



## Attendance Update

Please note that there is an important update regarding the changes to the law regarding penalty notices for unauthorised absence from school. This update can be found on page 3 of the newsletter.

**ATTENDANCE**

**JOIN THE FRIENDS OF  
CARDINHAM SCHOOL**

**MONDAY 22ND JULY**

**END OF TERM  
Party**

**DISCO CENTRAL IN THE  
CLASSROOM WITH MUSIC,  
LAUGHTER AND DANCING.**

**6PM - 7:30 PM AT  
CARDINHAM SCHOOL**

**£3 PER CHILD**

**Tickets to be purchased in advance via Mrs Ashley  
from school.**

**Attendance Update**

Dogs are not allowed on school grounds, including drop-off and pick-up times, unless they are assistance dogs. This measure is in place to ensure the safety and comfort of all pupils, staff, and visitors. Thank you for your understanding.



**Pre-Order Lunches**

Pre-order your child's lunches using ParentPay. Managing lunch orders in school requires a significant amount of administrative time for staff, which can be better utilised to support our students and school activities. Thank you for your cooperation and helping us streamline this process.



**Communication Guidelines**

Whilst we are incredibly proud of our open door policy and encourage families to approach us with questions or concerns, we kindly ask that you refrain from contacting staff about school matters through social media. For any school-related queries or concerns that are sent via email, please email the teachers **during normal school hours**. We ask that you avoid sending emails in the evenings or on weekends to respect our staffs' personal time.



## **IMPORTANT CHANGES TO THE LAW REGARDING PENALTY NOTICES FOR UNAUTHORISED ABSENCE FROM SCHOOL**

A new National Framework for Penalty Notices for school absence, including unauthorised holiday absence, is being introduced following changes to the law. These new Government regulations will come into effect from 19 August 2024 and will affect when penalty notices are issued in Cornwall.

### **What are the changes?**

1. There will be a new national threshold of 10 unauthorised sessions for any reason (equivalent to 5 school days) within a rolling 10 school week period for when a penalty notice must be considered.
2. The new rules mean you will no longer be able to take your child out of school for one week's holiday without the consideration of a penalty notice being issued.
3. There will be an increase in the penalty fine from £60 to £80 if paid in 21 days. If the fine is not paid by the first 21 days, it will rise to £160 if paid within 28 days of being issued.
4. If a second penalty fine is issued to the same parent for the same child within a 3-year rolling period, the fine will automatically rise to £160 with no option to pay the lower rate of £80.
5. If a parent then commits a third offence in a 3-year rolling period, the local authority will need to consider other enforcement options available to them. This could include prosecution.

Please see FAQs below with more information about how the new rules may affect you.

### **FAQs**

**If I have been issued with a penalty notice before 19 August 2024, will this be counted if I am issued with another penalty notice from September onwards?** No, the new limits come into effect from 19 August 2024.

**If I have already booked a holiday for next year, could I receive a penalty fine at the new higher rate?** Yes, absence from school can only be agreed when the explanation of the leave of absence is considered as exceptional circumstance by the Head Teacher.

### **Who can be issued with a penalty notice?**

- Each parent can receive a fine for each child who has had unauthorised absence from school.
- In education law, anyone who lives with a child and who has day-to-day care of the child is also considered to be a parent whether they are the biological parent or not. This will include step-parents and partners.

**Do the new rules only apply to holidays during term time?** No, it applies to all unauthorised absence from school including holidays. Unauthorised absence includes other absence that has not been agreed such as truancy, arriving late after the register has closed and failing to provide acceptable reasons for absence.

**How do I request for my child to have leave granted during term time?** You must submit a Leave of Absence Request form to the Head Teacher before the proposed absence (a minimum of 15 days before the Leave of absence is due to commence). Each request will be considered on its own merit, but where the leave of absence could be taken outside of the school term the absence will not be authorised. Do not assume that the absence will be granted until you have received confirmation from the school.

**Do the 10 sessions of unauthorised absence have to be taken all at the same time before a penalty fine is issued?** No, a penalty fine can be issued for any combination of absences over a 10-week rolling period. They can be consecutive or non-consecutive and can span over two terms (including between academic years).

**What happens if I am issued with a penalty fine and I don't pay it?** Unauthorised absence from school is an offence under S444 of the Education Act 1996. A penalty fine is an opportunity for you to settle out of court. If you don't take this opportunity, you can be prosecuted for the offence of failing to ensure your child's regular attendance.

**What should I do if I am worried about my child's attendance?** Please contact us to arrange a meeting to discuss how we can support you to improve the situation.

Thank you for taking the time to familiarise yourself with this information.

### Clubs

A reminder that this is the final week for clubs! A huge thank you to everyone who has volunteered their time this term to provide a range of wonderful opportunities for our pupils

### Online Parent Controls Booklet

This guide will help you set up parental controls and adjust privacy settings to provide your child with a safer online environment.

<https://www.knowsleyclcs.org.uk/wp-content/uploads/2024/07/Parental-Controls-booklet-2024.pdf>

### Recorder Performance

Fox Class have been working hard learning the recorders this term! They would love to invite parents into class at the end of the day to see their progress.

Please come in at 2:40pm on Wednesday 17<sup>th</sup> July. We hope you can make it.

### Catering Contract

Please note with effect from 1<sup>st</sup> September 2024. Aspens will be our new contract provider for school meals. The new menus are available to view at the end of the newsletter.

Please ensure you book your child's lunch in advance on ParentPay.



### Keyboard Lessons

Please note there are spaces available for Keyboard lessons from Sept 24. These are provided by Cornwall Music Service Trust. Please see the following link if you would like your child to attend:

<https://cmst.co.uk/signup>



### Lunch Alterations

Due to the end of term and stock levels please note the following changes to the school menu:

**Monday 22<sup>nd</sup> July:** Main - fish fingers and chips or vegetarian option - Quorn dippers and chips.

**Tuesday 23<sup>rd</sup> July:** Main - Burgers for the main school, Main - Chicken in a bun for Woodside.

**Wednesday 24<sup>th</sup> July:** Main - pizza.

**School Lunch**

### Donations

Gardening Club are looking for your help as they are seeking a few items. They would like some old kitchen utensils that can be used for a mud kitchen and small toy fairies. Mrs Purser would be grateful for any spare Lego to support the construction resources at Woodside. Thank you.



### Wellbeing Support over the Summer

Kooth and Qwell are available 365 days a year, including the Summer holidays, offering mental health and wellbeing support to children, young people and parents and carers. The services are commissioned in Cornwall by NHS Cornwall & IOS ICB. No referral, no wait list, free support:

- Children and Young People aged 11-18 [www.kooth.com](http://www.kooth.com)
- Parents and carers: [www.qwell.io](http://www.qwell.io)

Whatever's on your mind, Kooth and Qwell are here to support you. Everyone needs someone to listen sometimes, and if you do, we are here.



### Diary Dates: Cardinham School 2023/2024

<b>Tues 16<sup>th</sup> July</b>	TPAT Sports Festival - Fox Class attending
<b>Weds 17<sup>th</sup> July</b>	Swimming Returns for Deer Class
<b>Weds 17<sup>th</sup> July</b>	Year 5/6 Football Fixture at Lanivet
<b>Thurs 18<sup>th</sup> July</b>	Year 6 Leavers Treat
<b>Mon 22<sup>nd</sup> July</b>	No Extra-Curricular Clubs this week
<b>Tues 23<sup>rd</sup> July</b>	Year 6 Leavers Assembly @ 9:15am
<b>Weds 24<sup>th</sup> July</b>	Last Swimming Session
<b>Weds 24<sup>th</sup> July</b>	End of Summer Term. Pupils collected at 2pm. No After School Club.
<b>Tues 3<sup>rd</sup> Sept</b>	<p>Pupils Return for Autumn Term. Remember new school timings:</p> <ul style="list-style-type: none"> <li>• Woodside: <ul style="list-style-type: none"> <li>○ Registers will be taken at 8:55am (gates open at 8:45am)</li> <li>○ Pupils will be collected at 3:10pm (gates open at 3:00pm)</li> </ul> </li> <li>• Main School: <ul style="list-style-type: none"> <li>○ Registers to be taken at 8:50am (gates open at 8:40am)</li> <li>○ Pupils to be collected at 3:20pm (gates open at 3:10pm)</li> </ul> </li> </ul>

#### INSET Days 2024/25

- Monday 4<sup>th</sup> November 2024
- Friday 6<sup>th</sup> June 2025
- Monday 21<sup>st</sup> July 2025
- Tuesday 22<sup>nd</sup> July 2025
- Wednesday 23<sup>rd</sup> July 2025

\* Term Dates for next academic year can be found below.

#### Cornwall Council

#### PROPOSED 2024/2025 School Term Dates for Community and Voluntary-Controlled Schools



Mon	2	9	16	23	30
Tue	3	10	17	24	
Wed	4	11	18	25	
Thurs	5	12	19	26	
Fri	6	13	20	27	
Sat	7	14	21	28	
Sun	1	8	15	22	29

Mon		7	14	21	28
Tue	1	8	15	22	29
Wed	2	9	16	23	30
Thurs	3	10	17	24	31
Fri	4	11	18	25	
Sat	5	12	19	26	
Sun	6	13	20	27	

Mon			4	11	18	25
Tue			5	12	19	26
Wed			6	13	20	27
Thurs			7	14	21	28
Fri		1	8	15	22	29
Sat	2	9	16	23	30	
Sun	3	10	17	24		

Mon	2	9	16	23	30
Tue	3	10	17	24	31
Wed	4	11	18	25	
Thurs	5	12	19	26	
Fri	6	13	20	27	
Sat	7	14	21	28	
Sun	1	8	15	22	29

Mon		6	13	20	27
Tue		7	14	21	28
Wed	1	8	15	22	29
Thurs	2	9	16	23	30
Fri	3	10	17	24	31
Sat	4	11	18	25	
Sun	5	12	19	26	

Mon		3	10	17	24
Tue		4	11	18	25
Wed		5	12	19	26
Thurs		6	13	20	27
Fri		7	14	21	28
Sat	1	8	15	22	
Sun	2	9	16	23	

Mon		3	10	17	24	31
Tue		4	11	18	25	
Wed		5	12	19	26	
Thurs		6	13	20	27	
Fri		7	14	21	28	
Sat	1	8	15	22	29	
Sun	2	9	16	23	30	

Mon		7	14	21	28
Tue	1	8	15	22	29
Wed	2	9	16	23	30
Thurs	3	10	17	24	
Fri	4	11	18	25	
Sat	5	12	19	26	
Sun	6	13	20	27	

Mon		5	12	19	26
Tue		6	13	20	27
Wed		7	14	21	28
Thurs	1	8	15	22	29
Fri	2	9	16	23	30
Sat	3	10	17	24	31
Sun	4	11	18	25	

Mon	2	9	16	23	30
Tue	3	10	17	24	
Wed	4	11	18	25	
Thurs	5	12	19	26	
Fri	6	13	20	27	
Sat	7	14	21	28	
Sun	1	8	15	22	29

Mon		7	14	21	28
Tue	1	8	15	22	29
Wed	2	9	16	23	30
Thurs	3	10	17	24	31
Fri	4	11	18	25	
Sat	5	12	19	26	
Sun	6	13	20	27	

Mon		4	11	18	25
Tue		5	12	19	26
Wed		6	13	20	27
Thurs		7	14	21	28
Fri	1	8	15	22	29
Sat	2	9	16	23	30
Sun	3	10	17	24	

#### School holidays

#### Bank holidays

Christmas Day	25 December 2024
Boxing Day	26 December 2024
New Years Day	01 January 2025
Good Friday	18 April 2025
Easter Monday	21 April 2025
May Bank Holiday	05 May 2025
Spring Bank Holiday	26 May 2025
Summer Bank Holiday	25 August 2025

#### AUTUMN TERM (74 days)

3 September - 20 December 2024  
(HALF TERM 28 October -1 November 2024)

#### SPRING TERM (60 days)

6 January - 4 April 2025  
(HALF TERM 17-21 February 2025)

#### SUMMER TERM (61 days)

22 April - 23 July 2025  
(HALF TERM 26-30 May 2025)

195 days are included on the school calendar. Schools will be open to pupils for 190 days. The five additional days are allotted for In-Service Training (INSET). Schools allocate their own INSET days.

## The Mental Health Support Team invites you to book your place on our Decider Skills Workshop

Decider Skills are a set of life skills based on cognitive behaviour therapy (CBT). The skills are aimed at helping young people to recognise and understand their emotions, and promote positive mental health. They also include basic problem solving and conflict de-escalation skills, and have a strong focus on supporting children in regulating their own emotions.

[Upcoming Sessions Online:](#)

[Wednesday 24th July - 11am -12pm](#)

This workshop is open to parents/carers of children enrolled in Reception to Yr6 in a Mid Cornwall school.

To request a place, complete the online form or scan the QR code provided:

<https://forms.office.com/e/G>

[NSeyHZAb8](#)



Sign up will close on Wednesday 17th July

# LUNCHTIME

TRADITIONAL

Week 1

Autumn Winter  
2024-25:  
2/9, 23/9, 14/10,  
4/11, 25/11,  
16/12, 6/1, 27/1

MONDAY

Margherita  
Pizza  
Slice and Wedges

Veggie Pepper and  
Sweetcorn Pizza  
Slice with Wedges

Sweetcorn

Beans,  
Cheese or  
Tuna Mayo

Toffee Frozen  
Yoghurt

TUESDAY

BBQ Cheesy  
Chicken

Butterbean  
Ratatouille

Apple Slaw and  
Wholegrain  
Rice

Beans,  
Cheese or  
Tuna Mayo

Sweet Potato  
Brownie

WEDNESDAY

Roast Gammon,  
Roast Potatoes  
and Gravy

Quorn Sausage,  
Roast Potatoes  
and Gravy

Peas and Carrots

Beans,  
Cheese or  
Tuna Mayo

Forest Fruits  
Jelly Pots

THURSDAY

Lasagne

Vegetable Lasagne

Green Beans

Beans,  
Cheese or  
Tuna Mayo

Cookie Dough  
Apple  
Crumble

FRIDAY

Golden Fish  
Fingers or  
Salmon Fingers  
and Chips

Veggie Burger and  
Chips

Baked  
Beans

Beans,  
Cheese or  
Tuna Mayo

Jammy  
Thumbprint  
Biscuits

DAILY SALAD BOWL,  
FRESHLY BAKED BREAD,  
YOGHURTS AND  
CUT FRUIT  
AVAILABLE DAILY

PASTA  
TWIRLER  
AVAILABLE  
EVERY DAY  
Topped Pasta  
Hot Pasta  
topped with  
Homemade  
Tomato Sauce  
and Cheese

T1

# LUNCHTIME

TRADITIONAL

Week 2

Autumn Winter  
2024-25:  
9/9, 30/9, 21/10,  
11/1, 2/12,  
23/12, 13/1, 3/2

MONDAY

Cheesy Tomato  
Pizza Muffins

BBQ and  
Sweetcorn  
Pizza Slice

Wholegrain  
Pasta Salad and  
Green salad

Beans,  
Cheese or  
Tuna Mayo

Toffee Apple  
Sponge and  
Custard

TUESDAY

Chicken and  
Sweetcorn  
Cobbler

Winter  
Vegetable  
Crumble

Herby Diced  
Potato and  
Carrots

Beans,  
Cheese or  
Tuna Mayo

Chocolate  
Sprinkle Iced  
Cake

WEDNESDAY

Roast Pork,  
Roast Potatoes  
and Gravy

Cauliflower Cheese,  
Crispy Onion Topping  
& Roast Potatoes  
(You don't have to have  
the onions!)

Mixed  
Greens

Beans,  
Cheese or  
Tuna Mayo

Raspberry  
Coconut Jelly

THURSDAY

Classic  
Cottage  
Pie

Roasted Sweet  
Potato Pastry Roll  
and Mash

Peas

Beans,  
Cheese or  
Tuna Mayo

Fresh Fruit  
Salad

FRIDAY

Battered Fish  
and Chips

Cheese and  
Tomato Toasted  
Wrap with Chips

Baked  
Beans

Beans,  
Cheese or  
Tuna Mayo

Anzac  
Biscuits

DAILY SALAD BOWL,  
FRESHLY BAKED BREAD,  
YOGHURTS AND  
CUT FRUIT  
AVAILABLE DAILY

PASTA  
TWIRLER  
AVAILABLE  
EVERY DAY  
Topped Pasta  
Hot Pasta  
topped with  
Homemade  
Tomato Sauce &  
Cheese

T1

# LUNCH TIME

Autumn Winter  
2024-25:  
16/9, 7/10,  
28/10, 18/11,  
9/12, 30/12,  
20/1, 10/2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



American Style  
Mac Cheese

Sausage  
Casserole and  
Mash

Roast Chicken,  
Stuffing,  
Roast Potatoes  
and Gravy

Meatballs in  
Tomato Sauce with  
Rice

Golden Fish  
Fingers  
and Chips



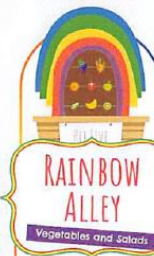
Veggie Wholegrain  
Pasta Bolognese

Vegetable Pot  
Pie  
and Mash

Carrot and  
Stuffing Pastry  
Plait

Mild Veggie Bean  
Chilli Loaded  
Wedges with  
Cheese

Vegetable Fingers  
and Chips



Carrots

Roast Root  
Veggies

Peas and  
Sweetcorn

Broccoli

Baked  
Beans



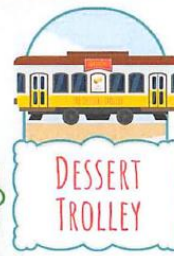
Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo



Marble  
Cake

Apple,  
Cinnamon  
Raisin  
Flapjacks

Orange and  
Mango Jelly

Banana Bread  
Muffins

Gingerbread  
Cookies





The Mental Health Support Team invites you to register your interest in...

## Wild Wellbeing

During the summer holidays, MHST would like you to join us on a FREE Wild Wellbeing outdoor, nature-based session.

This is for parents and their primary aged children (5-11) in the Mid Cornwall area, to understand and support emotional and mental wellbeing.

Wild Wellbeing will run as small groups, facilitated by our NHS MHST trained practitioners.

Please book EACH child on to a session below



### Available sessions:



#### Tywardreath Primary School

- 31/07/2024 - 10am
- 07/08/2024 - 1pm
- 14/08/2024 - 10am
- 21/08/2024 - 1pm

#### St Mewan Primary School

- 31/07/2024 - 1pm
- 07/08/2024 - 10am
- 14/08/2024 - 1pm
- 21/08/2024 - 10am

**Each session will last approx. 2 hours**

**Please note: Places are limited and will be allocated on a first come first serve basis. If you are allocated a place and cannot attend, please let us know so we can allocate your space to someone else**

To request a place, complete the online form or scan the QR code provided:

<https://forms.office.com/e/tbq2ngKu54>

