

CARDINHAM SCHOOL



CARDINHAM SCHOOL



**CARDINHAM, BODMIN,
CORNWALL,
PL30 4BN**

cardinham@tpacademytrust.org
www.cardinhamschool.co.uk
Telephone: 01208 821326

Newsletter: 2

7th October 2024

Part of Truro & Penwith Academy Trust

Online Safety

Our latest online safety newsletter has been attached to the same email as this newsletter. Please make sure you have a look for all the latest e-safety information.



Dates

We have provided a few dates for the rest of the half term in our 'calendar dates' section. One is our Harvest Festival - we hope you can make it. After half term, we will provide dates for the rest of the term.



Bag 2 School Fundraiser

There will be another collection on Tuesday 12th November 2024.



Quiz Reminder

Quiz at Cardinham Hall
Saturday 12th October
7pm

Pasty and Bar available.

Booking essential.

See posters around the village.



Cardinham Challenge

A huge well done to everybody who took part in this year's Cardinham Challenge. We had a fantastic 39 pupils take part - a number that is up on last year. It was a pleasure to see and hear about all of the wonderful things you did over the summer to enhance the wider development of your children. We will be creating a display in school before returning all booklets. Thanks again.



SPACE

Please see the 'SPACE' flyer at the end of the newsletter.

Reception Starters

It's that time of year again when parents are deciding which school to send their child to. We do rely heavily on word of mouth so please do encourage friends and family to book a tour if they have a child starting school in September 2025.



No ASC

There is essential staff training that is taking place after school on **Monday 25th November** and **Monday 2nd December**. Please make a note that there will be no after school club available on these days.

Parent Governor Vacancy

We currently have an opening for a Parent Governor. If you are interest, please come and find Mr Jones. He will be able to provide you with more information.

**PARENT
GOVERNOR
VACANCY**

Diary Dates: Cardinham School 2024/2025

| | |
|---|---|
| Fri 11th Oct | School Closed |
| Weds 16th Oct | Tempest Individual and Sibling Photos in AM |
| Thurs 17th Oct | Reception to Year 6 Nasal Flu. |
| Fri 18th Oct | Community Space Available 2:15pm to 3:15pm at Parish Hall |
| Tues 22nd Oct | Harvest Festival in St. Meubred's Church at 2:45pm |
| Fri 25th Oct | Little Fawns (9-30 to 11-30) at Woodside at Parish Hall |
| Fri 25th Oct | Community Space Available 2:15pm to 3:15pm |
| <i>Autumn Half Term - 28th Oct to 1st Nov</i> | |
| Mon 4th Nov | INSET DAY (see below for other dates) |
| Mon 25th Nov | Staff Training - No After School Club |
| Mon 2nd Dec | Staff Training - No After School Club |

INSET Days 2024/25

- Monday 4th November 2024
- Friday 6th June 2025
- Monday 21st July 2025
- Tuesday 22nd July 2025
- Wednesday 23rd July 2025

* Term Dates for next academic year can be found below.

Cornwall Council PROPOSED 2024/2025 School Term Dates for Community and Voluntary-Controlled Schools



| | | | | | |
|-------|---|----|----|----|----|
| Mon | 2 | 9 | 16 | 23 | 30 |
| Tue | 3 | 10 | 17 | 24 | |
| Wed | 4 | 11 | 18 | 25 | |
| Thurs | 5 | 12 | 19 | 26 | |
| Fri | 6 | 13 | 20 | 27 | |
| Sat | 7 | 14 | 21 | 28 | |
| Sun | 1 | 8 | 15 | 22 | 29 |

| | | | | | |
|-------|---|----|----|----|----|
| Mon | 7 | 14 | 21 | 28 | |
| Tue | 1 | 8 | 15 | 22 | 29 |
| Wed | 2 | 9 | 16 | 23 | 30 |
| Thurs | 3 | 10 | 17 | 24 | 31 |
| Fri | 4 | 11 | 18 | 25 | |
| Sat | 5 | 12 | 19 | 26 | |
| Sun | 6 | 13 | 20 | 27 | |

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| Tue | | 5 | 12 | 19 | 26 |
| Wed | | 6 | 13 | 20 | 27 |
| Thurs | | 7 | 14 | 21 | 28 |
| Fri | 1 | 8 | 15 | 22 | 29 |
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School holidays

Bank holidays

| | |
|---------------------|------------------|
| Christmas Day | 25 December 2024 |
| Boxing Day | 26 December 2024 |
| New Years Day | 01 January 2025 |
| Good Friday | 18 April 2025 |
| Easter Monday | 21 April 2025 |
| May Bank Holiday | 05 May 2025 |
| Spring Bank Holiday | 26 May 2025 |
| Summer Bank Holiday | 25 August 2025 |

AUTUMN TERM (74 days)

3 September - 20 December 2024
(HALF TERM 28 October - 1 November 2024)

SPRING TERM (60 days)

6 January - 4 April 2025
(HALF TERM 17-21 February 2025)

SUMMER TERM (61 days)

22 April - 23 July 2025
(HALF TERM 26-30 May 2025)

195 days are included on the school calendar. Schools will be open to pupils for 190 days. The five additional days are allotted for In-Service Training (INSET). Schools allocate their own INSET days.

IMPORTANT CHANGES TO THE LAW REGARDING PENALTY NOTICES FOR UNAUTHORISED ABSENCE

A new National Framework for Penalty Notices for school absence, including unauthorised holiday absence, is being introduced following changes to the law. These new Government regulations will come into effect from 19 August 2024 and will affect when penalty notices are issued in Cornwall.

What are the changes?

1. There will be a new national threshold of 10 unauthorised sessions for any reason (equivalent to 5 school days) within a rolling 10 school week period for when a penalty notice must be considered.
2. The new rules mean you will no longer be able to take your child out of school for one week's holiday without the consideration of a penalty notice being issued.
3. There will be an increase in the penalty fine from £60 to £80 if paid in 21 days. If the fine is not paid by the first 21 days, it will rise to £160 if paid within 28 days of being issued.
4. If a second penalty fine is issued to the same parent for the same child within a 3-year rolling period, the fine will automatically rise to £160 with no option to pay the lower rate of £80.
5. If a parent then commits a third offence in a 3-year rolling period, the local authority will need to consider other enforcement options available to them. This could include prosecution.

FAQs

If I have been issued with a penalty notice before 19 August 2024, will this be counted if I am issued with another penalty notice from September onwards? No, the new limits come into effect from 19 August 2024.

If I have already booked a holiday for next year, could I receive a penalty fine at the new higher rate? Yes, absence from school can only be agreed when the explanation of the leave of absence is considered as exceptional circumstance by the Head Teacher.

Who can be issued with a penalty notice? Each parent can receive a fine for each child who has had unauthorised absence from school. In education law, anyone who lives with a child and who has day-to-day care of the child is also considered to be a parent whether they are the biological parent or not. This will include step-parents and partners.

Do the new rules only apply to holidays during term time? No, it applies to all unauthorised absence from school including holidays. Unauthorised absence includes other absence that has not been agreed such as truancy, arriving late after the register has closed and failing to provide acceptable reasons for absence.

How do I request for my child to have leave granted during term time? You must submit a Leave of Absence Request form to the Head Teacher before the proposed absence (a minimum of 15 days before the Leave of absence is due to commence). Each request will be considered on its own merit, but where the leave of absence could be taken outside of the school term the absence will not be authorised. Do not assume that the absence will be granted until you have received confirmation from the school.

Do the 10 sessions of unauthorised absence have to be taken all at the same time before a penalty fine is issued? No, a penalty fine can be issued for any combination of absences over a 10-week rolling period. They can be consecutive or non-consecutive and can span over two terms (including between academic years).

What happens if I am issued with a penalty fine and I don't pay it? Unauthorised absence from school is an offence under S444 of the Education Act 1996. A penalty fine is an opportunity for you to settle out of court. If you don't take this opportunity, you can be prosecuted for the offence of failing to ensure your child's regular attendance.

What should I do if I am worried about my child's attendance? Please contact us to arrange a meeting to discuss how we can support you to improve the situation.

The National Child Measurement Programme

Across England over 99% (approx.17,000) of eligible schools take part in the NCMP every year. This provides valuable information which is used to plan for and invest in key services to ensure all children have the opportunity to be healthy.

The programme engages parents by sharing their child's results with them and promoting healthy lifestyle advice and support.

Your participation in the NCMP is essential for the success of the programme and we thank you in advance for your continued support again this year.

Pre-measurement information for parents (Digital Health Information weblinks)

Below are the official links to the Digital Health Information weblinks for families. These weblinks contain many useful links including how to 'opt out' of school health screening. These weblinks also act as the privacy notice and must be shared with parents/carers **at least 3 weeks before measurement day**.

Please can you share the relevant link with parents from Reception and Year 6.

Reception: <https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-reception-year/>

Year 6: <https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-year-6/>



ARGYLE
COMMUNITY
TRUST

BOOK
NOW!

OCTOBER HALF-TERM ROADSHOWS

EAST CORNWALL/NORTH DEVON OCT/NOV 2024 | 9.30AM-3.30PM (UNLESS STATED)
BOYS & GIRLS ALL ABILITIES AGED 5-15

(Football Roadshow unless stated)

MON, 28 OCTOBER

Lanivet Community Hub
St Joseph School, Launceston
St Joseph School, Launceston (Mini Pilgrims)
Chulmeich Primary School (Football/Multi-Skills)

TUE, 29 OCTOBER

Dobwalls Football Club
St Teath Football Club
East Worlington Primary School (Multi-Skills)

WED, 30 OCTOBER

Holworthy Youth Football Club
Tregadillet Primary School
Lapford Primary School (Multi-Skills)

THU, 31 OCTOBER

Saltmill 3G - Saltash

FRI, 1 NOVEMBER

St Joseph School, Launceston
Bude Football Club
Polperro Football Club



SCAN ME

Book now 01752 522202

www.officialsoccerschools.co.uk/argyle/courses.html

www.argylecommunitytrust.co.uk

The
deadline for
applications is
**15 January
2025**

Do you have a child born **between 1 September 2020 and 31 August 2021?**

If so, you will need to apply
for a place in a reception
class in September 2025 for
your child by the deadline
of **15 January 2025**.



Please note: you will need to apply even if your child attends a school's nursery or pre-school class. If a school is oversubscribed the fact that a child attends a school's nursery or pre-school, or a local nursery or pre-school, does not automatically guarantee a place at that school. The school's oversubscription criteria will be used to allocate places. Visit our website or contact us for more information.

Visit www.cornwall.gov.uk/admissions for more information and to access the online application system.





Cornwall Partnership
NHS Foundation Trust



Parents and Carers -
please join us at our
Online **Behaviour as
Communication**
workshop

This MHST workshop teaches parents/carers about behaviour as communication and the reinforcement and attention rule. It provides practical strategies for fostering positive behavior.

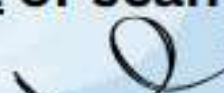
Upcoming Sessions:

30/09/2024 - 03/10/2024 @10am

and

14/10/2024 & 17/10/2024 @4pm

This workshop is open to parents/carers of children enrolled in Reception to Yr6 in a Mid Cornwall School

To request a place, fill out
the online form [HERE](#) or scan
the QR Code: 



Sign up will close on Friday 27th September at 12pm



Cornwall Partnership
NHS Foundation Trust



Parents and Carers -
please join us at our
**Online Introduction to
Resilience** workshop

This MHST hour-long session for parents focuses on fostering resilience in young people and educating them on mental health and resilience.

When young people are resilient, they can better handle challenges and stress, leading to increased curiosity, adaptability, and ability to explore the world.

Upcoming Online Sessions:

**23/09/2024 @4pm
and**

07/10/2024, 09/10/2024 & 10/10/2024 @10am

This workshop is open to parents/carers of children enrolled in Reception to Yr6 in a Mid Cornwall School

To request a place, fill out the online form [HERE](#) or scan the QR code:



Sign up will close on Friday 20th September at 12pm



Cornwall Partnership
NHS Foundation Trust



Parents and Carers -
please join us at our
Online **Parent Led CBT**
workshop

Parent-led cognitive behavioural therapy (CBT) is a psychological intervention in which parents and carers are supported in applying CBT principles in their child's day-to-day life.

This is a 6-week online program with a break on week 4; sessions resume on week 5.

**MHST has an available upcoming workshop beginning:
Monday 4th November 2024 at 10am**

To request a place, complete the online form [HERE](#) or scan the QR code provided:



Parents/Carers need to access "Helping your child with fears and worries" by Cathy Creswell and Lucy Willetts available from various platforms/bookstores or school.



This workshop is open to parents/carers of children enrolled in Reception to Yr6 in a Mid Cornwall School



Cornwall Partnership
NHS Foundation Trust



SPACE

Supporting Parents And Children Emotionally

SPACE is a **FREE** programme for **any parent or carer** who wants to better understand and support their children's emotions, as well as their own.

This 5 week **ONLINE** workshop will cover:

- Understanding what is meant by a Trauma Informed approach
- Understanding toxic stress and the flight/fight response
- Practical approaches to support children to regulate their emotions
- Healthy coping strategies for dealing with stress
- Managing different emotions
- Understanding behaviour
- Building resilience in ourselves and our children
- Adopting appropriate expectations of children
- Enhancing your ability to provide nurturing care

MHST has an available upcoming programme beginning:

Monday 4th November 2024 at 10am



To request a place, complete the online form [HERE](#) or scan the QR code provided:



These courses are for parents/carers of children 5-11 yrs only
Spaces are limited, if you cannot attend, please notify us ASAP - 01726 873204





Cardinham School
Cardinham
BODMIN
Cornwall
PL30 4BN

4th September 2024

Thank you so much for helping to make a difference.

Dear Cardinham School,

Our Foodbank is a community-based project operating in Bodmin, Camelford, Padstow and Wadebridge and surrounding rural areas. As a local Christian charity, our aim is to be a collaborative organisation that engages with the whole community to tackle food poverty in our local area.

During the last financial year, we fed 4,009 people and provided over 2,000 meals per week to people in crisis. As well as providing food, we can also offer toiletries, household cleaning products, sanitary items, nappies, baby items and pet food.

Our Foodbank helps individuals and families in crisis through the provision of emergency food supplies donated by churches, schools, local businesses and the general public. The circumstances surrounding a crisis are unique to every individual, so we partner with frontline professionals, such as health visitors, social workers, schools and other local organisations who are able to identify and refer people to our services. We take the time to listen to people over a cup of tea and help them with a benefit/grant check to ensure they get the support they need.

The cost of living crisis continues to have an impact on people and it is especially hard during the colder winter months. The furniture and household goods we sell in our StoreHouse shop, help us towards being sustainable, we can also give items away to people in need who are referred to us. The demands on our Foodbank are as strong as ever and this is where we need your help. We are preparing for a busy time ahead and we would be delighted if you would consider donating food to our Harvest appeal this year.

Thank you for your time and support.

Yours sincerely

A handwritten signature in black ink that reads "Jacqui White".

Jacqui White MBE
Project Manager - Bodmin, Camelford, Padstow and Wadebridge Foodbank

HARVEST APPEAL



HELP SUPPORT YOUR FOODBANK WITH FOOD AND FUNDS THIS HARVEST

DONATE FOOD

Help by donating an item or two from our shopping list to ensure we can provide food to help people in crisis.



DONATE MONEY

Help to cover the costs of storing and distributing food, as well as developing sustainable projects.



SHOPPING LIST TOP TEN ITEMS

Tinned meat
Tinned fish
Tinned tomatoes
Tinned potatoes
Rice
Jam/marmalade
Custard
Long-life fruit juice
General Toiletries
Household items

*Don't forget...
You can help transform
more lives with a financial
donation too.*



01208 815374

www.wadebridgefoodbank.org

Registered Charity in England & Wales (1166301)



Cornwall Partnership
NHS Foundation Trust

Come and join us
at our **FREE Wild
Wellbeing
sessions**

Join Us for a **FREE Wild Wellbeing Outdoor Session** during
the **October Half-Term!**

MHST invites parents and carers along with their primary
aged children (ages 5-11) to participate. No mental health
concerns are necessary to join; the sessions will
emphasise the **Five Ways to Wellbeing** through engaging
nature-based activities.

Please ensure to register **EACH** child for a session below.

In collaboration with Natural England

Monday 28th October - Goss Moor
Tuesday 29th October - Golitha Falls
(with a Halloween theme)
Sessions at 10am or 1pm

Each session will last approx. 2 hours

Limited spaces available, book early to avoid disappointment

To request a place,
complete the online form
[HERE](#) or scan the QR code
provided:





St Meubred Church
Cardinham
Animal Welfare
and

Blessing service

All God's
Creatures



*All
animals
and pets
welcome!
(with their
Humans)*

In the interests of love, peace and harmony, please can you bring your pets on leads, harnesses, or in a cage if you are unable to bring your animal along feel free to bring a picture of your animal for a blessing

Sunday 13th October at 10am

followed by refreshments